



THE BASIC MANUAL OF THE BRIDGE TO FREEDOM ACTIVITY

For the use of
**SANCTUARY DIRECTORS,
GROUP LEADERS AND
STUDENTS,** especially those in cities
where there are no Sanctuaries

Presented by Thomas Printz
(The Ascended Master El Morya)

PRICE: \$2.00

Sand Money Orders or checks to the order of
Discourse Distribution Dept.

THE BRIDGE TO FREEDOM, INC.

R.F.D. 1 - Box 321, Charlottesville, Virginia, U.S.A.

THE BRIDGE TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact
with The Great White Brotherhood and Cooperative World Service

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Published by The Bridge to Freedom, Inc.
Rates per year: \$4.00 USA and Canada; \$5.00 Elsewhere
R.F.D. 1, Box 321, Charlottesville, Virginia, U.S.A.

VOL. IX No. 4

JULY 15, 1960

.35 cts.

THE BRIDGE TO FREEDOM

A Monthly Journal

Vol. IX

July 15, 1960

No. 4

THE TEMPLE OF TRUTH

Etheric, over the Island of Crete

(The Ascended Master Retreat of the Month)

July 15th through August 14th, 1960

Hierarch: Beloved Hilarion; Color of Flame: Green; Musical Keytone: "Onward Christian Soldier", Arthur Sullivan.

BREATHING STATEMENT FOR THE TRANSMISSION OF THE FLAME CLASS OF JULY 16th, 1960

1	2	3	4	5	6	7	8
"I AM" inbreathing	the illumination of	Cosmic Truth from	Hilarion's Temple				
"I AM" absorbing	the illumination of	Cosmic Truth from	Hilarion's Temple				
"I AM" expanding	the illumination of	Cosmic Truth from	Hilarion's Temple				
"I AM" projecting	the illumination of	Cosmic Truth from	Hilarion's Temple				

References for Sanctuary Directors and Students

Description of the Temple of Truth: See "The Bridge Journal", Vol. II, No. 7; Vol. III, No. 4; Vol. IV, No. 1; V, Nos. 6 and 10 Supplement.

Addresses by the Ascended Master Hilarion: Please see "The Bridge Journal", Vol. III, No. 4; V, No. 6 and Series VI, Booklet 4.

Addresses by Ascended Lady Master Pallas Athene: Please see "The Bridge Journal", Vol. V, No. 6 and Series II, Booklet 2.

FRANCHISE NOTICE

The Bridge to Freedom, a Monthly Journal

Registration solicited as Second Class matter and under Postal Franchise Regulations at the Charlottesville, Virginia, Post Office

Editor: THOMAS PRINTZ Manager: FRANK C. PITA

Rates per year: \$4.00 USA and Canada; \$5.00 elsewhere
Please make checks and Money Orders payable to

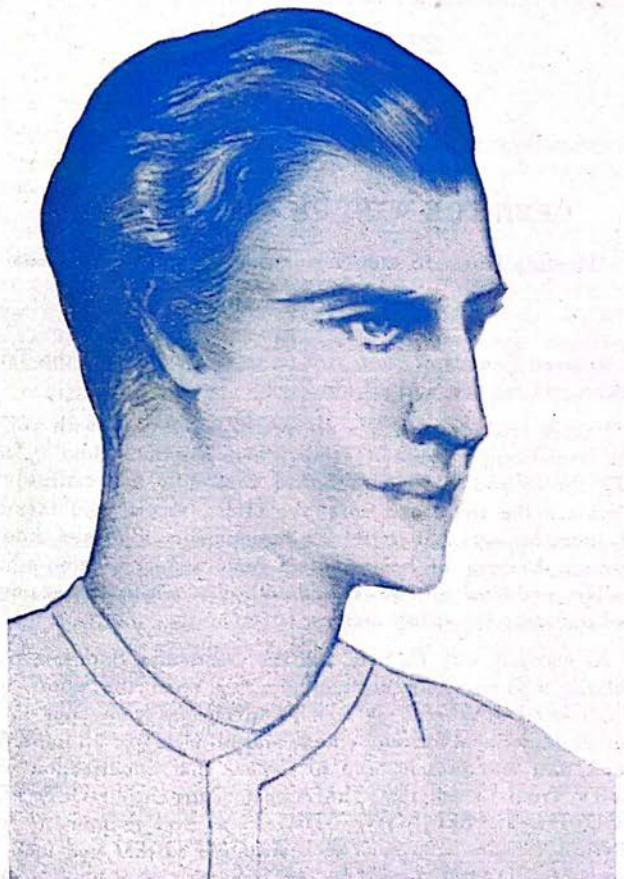
The Bridge to Freedom, Inc.

R.F.D. 1, Box 321, Charlottesville, Va.

(A tax-free non-profit Corporation)

Mss. USA. Printed by Pérez & Portal, Havana, Cuba

Notice in Spanish re Havana, Cuba, Postal Franchise granted on April 18, 1952, which includes the use of USA mails as Second Class matter: Acogida a la Franquicia Postal e inscripta como Correspondencia de Segunda Clase en la Administración de Correos de La Habana, Cuba, el 18 de abril de 1952. Admor. Frank C. Pita, Apartado 2056, Habana, Cuba.



ASCENDED MASTER HILARION,
Hierarch of the Temple of Truth and
Chohan, or Director, of the Fifth Ray

OPEN THE WINDOWS OF YOUR SOUL

Monthly Letter to the Transmission of the Flame Class
on July 16, 1960

Beloved Friends of God, seeking to know and feel the Truth which will set you and all life Free:

I greet you as again. We are privileged to join with you at the magnificent Temple of Truth, where My Son, Hilarion, and The Brotherhood at Crete, serve so constantly and selflessly in removing the cause and core, the effect, record and memory of untruths, and the bitter disillusionments all have known through the ages, by being part of some sect or religion whose leaders, endowed with power and authority, mis-used that power and authority for selfish reasons.

As you join with Us here, ask the Gentlemen Sponsors from Hilarion's Own Court to help you to open the doors and windows of your soul, as well as to cleanse your four lower bodies (emotional, mental, etheric and physical) of all imperfections, past and present, and to replace that imperfection with God's Truth. I ask that The Archaii Constance HOLD FOR YOU THAT FEELING OF TRUTH as you re-animate your physical vehicles after each such visitation so that you may, in turn, according to Cosmic Law, express, with conviction in your feelings, THAT TRUTH which will set others free.

Love and Blessings

Maha Chohan

THE FOUR BODIES

By beloved Hilarion

IT has been said that "God needs a body", and for this purpose were the four lower bodies of man created—the mental, emotional, etheric and physical forms.

Students on the Path have come to an intellectual knowledge that they are NOT the physical form but dwell within it. They have accepted the fact that there is a God Presence within the physical body which is the eternal identity. They have to some degree understood that the physical body is a living, breathing organism, with intelligences and appetites of its own and that, like a high bred animal, the physical body will seek the satisfaction of these desires through the avenues of the five senses. They are, therefore, alert to identify themselves with the Higher God Principle and are learning to govern the fleshly garment with some degree of success.

However, there are three other living breathing, intelligent identities belonging to each lifestream—the mental, emotional and etheric bodies. These bodies are made up of the substance of the earth, air and water; they have intelligence within them and have desires and appetites of their own. It is for the student to consciously look over the four vehicles provided by God, that God might express in physical manifestation. These four vehicles are not dead matter but living, breathing, pulsating organisms containing intelligence within them. The lower bodies of the average man have governed the self-conscious Life for centuries, acting independently of the Spiritual Spark that should be the Governing Intelligence acting through all. The emotional world has acted independently of the conscious volition of the God Self for untold centuries.

Let us take the MENTAL BODY in which is stored knowledge and accretion of fact and fancy, orthodox principles and concrete ideas that may or may not be true. The Mental Body

lives on accretion of knowledge and the more it is fed, the larger it gets and the more it demands the energy of the Divine Spark. In satisfying its demands the Mental Body becomes a heavy, cumbersome unwieldy vehicle and a tyrant! When the Mental Body is overgrown, the real teacher—the Three-fold Flame within the Heart—is allowed no opportunity to expand because the mental accretion becomes a constantly shrieking accumulation of energy flooding the consciousness and drowning out the Voice of the Silence. The Mental Body **should be** merely a store-room for certain Truths in the world of men, much as a lecturer refers to certain notes that elucidate his point. Most **mental giants** are, therefore, practically barricaded against spiritual awakening.

The ETHERIC BODY was also created as a storehouse through which the individual's own experiences might be recorded. It differs from the mental body in that the records here are entirely personal and are the experiences derived through the use of God's energy, whereas the Mental Body may profit by experiences derived by other parts of life as well.

The Etheric Body, however, has become an accretion of experiences that would make the most ribald tabloid look like the gospel! The Etheric Body lives by drawing the conscious energy of the Heart Center into **reviewing and re-experiencing** those debaucheries of the past. When the attention is firmly enough anchored in the **feeling** of those past fiascos, the Etheric Body may perpetuate and repeat these performances which cause it to vibrate with joy as the life energy is flooded into it, and instead of being a record of the God Powers drawn forth through the lifestream, it becomes a "skeleton in the closet". It is most dangerous, however, in that it is cunning and lives like a vampire in sucking the God Energy from the God Presence.

And the EMOTIONAL BODY—here we have the prize of them all! Eighty percent of mankind's energy (or we might more correctly say God's energy) is encased in the foul smelling confines of the Emotional Body. The Emotional World of man

was provided by the God Presence through which the energy might flow into the physical world to raise and transmute the forces of the elements through love, harmony, peace, etc., but instead it has become a tremendous accumulation of passion and emotion. This body draws constantly on the Flaming Source within the heart and uses **TONS** of God's Energy to satisfy its insatiable appetites which are **legion!** The Emotional Body is happy only when it is in a constant state of flux. It lives on excitement which may be generated in innumerable ways.

We will take up a few, for example—**POSSESSIVENESS**—a tremendous feeling form that draws the God energy and **SMOTHERS** the object of its affection.

GOSSIP—which is almost the most insidious because through poison sent out it starts wheels of emotion in the lifestreams of many, and so you have an inner conflagration.

CRITICISM, CONDEMNATION AND JUDGMENT are also closely related. The silent criticism of seeing discrepancies and faults in others disturbs the feeling of one's own Emotional Body and sets up causes of discord which react in physical disturbances, but the **spoken criticism** sets other emotional bodies into the same vibratory motion and its effects are without limit.

The really vicious emotions are evident and do not so much affect the aspiring student such as jealousy, hate, anger, malice. Lust is considered **sister** to these vicious emotions but until one has attained the glorious body of eternal light, lust is very evident in the most advanced student—mental rejection of this statement to the contrary.

The God Life of the Universe created these lower vehicles to express a Divine Plan and when the individual will return the **government** to the God Self "I AM" **within**, he will find that this constant battle and turmoil will cease, and instead of each individual being an **ARENA** with these lower bodies seeking to secure one's attention and energy, the individual's consciousness will become an outpouring of God's Will.

SWEEP AWAY DAILY ALL NEGATIVE THOUGHTS AND FEELINGS

An Address by beloved Pallas Athene, Goddess of Truth

H ALL thou, beloved and blessed friends of light, I bring you again the feeling of the Truth and reality of the Ascended Host of Light; the Angelic Host, the Cherubic and Seraphic Host as an actual spiritual partnership with human kind. Again and again We come, and during the holy periods when the attention of the masses is upon the Christus and the manifestation of the Angelic Host of centuries ago, We shall endeavor through the instruction of Our Own Hearts to CHARGE into the emotional, mental, etheric and physical consciousness of mankind the realization of God Truth which is good for each and every one. Any manifestation that is less than that Truth, beloved ones, is not God's Will for you, and as the Goddess of Truth Herself, I say to you, sweep it from your thoughts and your feelings; sweep it from your worlds and your actions, just as in mundane affairs you sweep the cobwebs from your worlds and make it clear and clean and ready for the inpouring of the Cosmic Christ Light of Truth.

One of the great defects of even earnest chelas is the lack of alertness in sweeping away time after time through the day, the negative thoughts and feelings, words and actions. The

blessed chelas become by the time the day is ended filled with the substance of that day's experiences of a negative nature, and there is not room for the pure light from the Presence to flow in, through and around such an one and be energizing Presence of that Light through the course of the night while the body sleeps and the next day when it awakens.

Now, beloved ones, that has been taught you and We have repeated it again and again. You need not make great gesticulations unless in the privacy of your own rooms, but it is **urged of you who desire more Truth, to sweep your worlds clear—morning, noon and night—of the negative expressions of life—to allow more of God's Truth, God Life and God Perfection to express.**

As you know, no two things can be in the same place at the same time, so if you have cluttered your world with thoughts and feelings that are depressive, there is no room in your thoughts and feelings for Love and Light and all its gifts of Life. So in the Name of the Truth to which you have pledged yourselves, and which I embody, I **IMPLORE YOU, ACCEPT THIS GOD TRUTH NOW and sweep free your own worlds!** Have the largesse of heart to sweep free each other's world of distress and you will have Our assistance in so doing, replacing it always by Cosmic Christ protection and Cosmic Christ assistance.

I thank you for the privilege and opportunity of being a part of the opening of your consciousness to the inpouring of the God life and a part of the opening of the radiation which is coming to mankind.

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WHAT TO DO TO DWELL IN THE REALM OF THE ASCENDED MASTERS

An Address by the beloved Ascended Master Jesus, delivered at
The Ashram on Easter Sunday, April 17, 1960

MY beloved, on this the Anniversary of My Resurrection from the tomb, I bring to you the love of My Heart, for each and everyone of you who have lived and loved in My Name, and done good works in My Name, and who have chosen through the Mercy of God which is alive within you to serve your fellowman and all living things upon this sweet Earth! Thus you glorify Our Father Which is in Heaven, that Heaven Which is so beautiful that when you achieve the God-estate, you shall be grateful indeed that your Causal Bodies are filled enough with the good that you have done through the ages preceding your Association with Me and other Divine Beings, of course, and succeeding such Divine Associations! You shall have that Mansion not made with hands and you shall enter into The Father's Kingdom, to go out no more.

Some blessed and dear ones feel they are not worthy to enter into that Kingdom and kneel at the Throne of The Father of Love. Others feel the Earth ties are too strong within them; some have a sense of curiosity at what shall come after their Earth-course is run. Love will not allow you to interfere with My Mother's selection.

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The Spirits who present themselves at the Sacred Heart Temple of My Mother next May 1961 shall be Those God Spirits from other Solar Systems; Those Divine Buddhas; Those chosen from the First sub-race of the Seventh Root Race. THEN shall you see the planet Earth transformed quickly. Then will a child prodigy not be the unusual but the usual. Then will the parents receive illumination from the child. Then this Earth shall be Freedom's Holy Star! Then each and everyone of you shall have the just reward of all your services, your rest if you choose it for six months, visitation with your loved ones, if you choose it. Most of you shall be so busy exploring the beauty of the green gardens and the glorious flame flowers of the Kingdom of Heaven that you might take twenty-four hours of rest but, methinks, you will then be off again as I was about Our Father's Business.

What is the Business of The Heavenly Father? The Business of the Heavenly Father is practical! It is the establishment of a Christ man, a Christ woman and a Christ child through every human being belonging to this planet Earth—some three and a half billion who are in embodiment and the rest waiting for an opportunity of taking embodiment. That is why I came to the Earth; that is why in My humble way I endeavored to show mankind that the things that I had done, they, too, should do also!

Even My blessed disciples learned to lean on Form and by leaning upon My Personage My Own Ascension, forty days after Ascension morning, was essential, so that they might learn, through themselves, and through the beloved Paraclete (Whom you know as the Holy Spirit) that those so-called miracles are part of The Father's Heritage anchored in each one of them and in each one of you.

So often Peter and James and the others would go bravely forth to heal and come back and say 'Master' it did not work'. Again and again I said unto them 'Go again and in the Name of

Jesus command the evil to cease to be! But those greater than I saw that while they had in Me, something physically tangible to hold onto, they would hold the Hem of My Garment and their own potential Divinity would lie buried within them whilst they held admiration for the Son of Man and the Son of God.

You are all Sons and Daughters of God; sons of men and women too, yes, true but you have been sons and daughters of different men and women in embodiment after embodiment throughout ages of time. All the time since first you left the Heart of Our Father you have been a temporary Son or Daughter of God, even though you have forgotten it.

When Pilate said to Me 'they say that you are reported to be the Son of God' I replied to him 'thou sayest this', letting come forth from his own lips the truth which could have as easily come from Mine Own', Mine was the self chosen path of the crucifixion, the path to Golgotha, the path of The Resurrection, the path to the Visit to Bethany, the path to the Public Ascension. Think on it! If you loved someone as deeply as I loved My Mother and John and Peter and Paul and the other disciples who still maintained free will as unascended beings, even resuscitated, could you leave them sleeping and walk in the Springtime up that Hill of Bethany with the early Spring flowers and the sweet smell of Earth, and voluntarily say again, as I did in Gethsemane's garden 'Father, Thy will not Mine be done'.

Later I waited for the coming of the noonday Sun, seeing the fear and the confusion in the consciousness of many of My followers and the deep love in the hearts of John and Mother, I allowed the gravity pull of Earth to be released from My Feet and made The Ascension! Why? So that I might make a public Ascension before some five hundred people and meet My Father, leaving to His Wisdom, the care of My disciples and apostles and the Truth which a baby could read, some babies read well because they have not yet become cynical.

People come again only to God, as a rule when their four lower vehicles are absolutely beyond repair and when medical science has confirmed that the vehicles which they use shall soon disintegrate. Then they think 'oh Lord, oh Lord, for all the misuse of Thy Life I'm sorry; I am regretful indeed; please receive me into Heaven', after maybe eighty years of living according to the human will. Even that prayer is heard and it is answered and every such soul with a **contrite heart** who asks for the forgiveness of his sins or that of a loved one who is about to depart is absolved thereof and can see their loved ones and dwell in the Heavenly Realms, although not in the Realms of the Ascended Host of Light.

To dwell in the Realm of the Ascended of Light, one must be willing to **SERVE IN PRACTICAL ACTIVITY**, which requires the utilization of all the senses of the outer and inner vehicles **AT ALL TIMES**. I had three years after My Baptism in the River Jordan, three years to perform My Ministry or three years to enjoy Myself but when the Paraclete through the invocation of John the Baptist anointed Me and the Spirit and Being of Maitreya and I blended into One, there was no thought, beloved ones, not one thought or feeling except that in those three years to get across to as many as I could through talking, through so-called miracles, through example, the way that God intended every man, woman and child to be at the end of that three years.

You know the story well. I told My Mother, I said 'they have not learned; they have sat with Me; they have seen the devils cast into the sea; they have seen the blind to be made to see and they have seen Lazarus raised from the tomb, yet they know not the fundamentals of Truth. What shall I do?' And She said, "Son, DO what your Heavenly Father requires of You, and do it NOW!" And I did. Never in the thirty-three years of My association with My Divine Mother did I disobey Her, because I knew She was an Angel, embodied for the express purpose of giving Me a physical body, and I knew that it was

Her strength and that of Saint Germain Who was of course then Saint Joseph, My Father, that helped Me until I knew Myself My Mission.

You see when you are born on this Earth, even without sin as I, and the little Buddhas Who do come in, You take on the band of forgetfulness; it is bound around your eyes and your senses and your soul is sheathed more or less and it covers the entire vehicle and when you come into this world of form, that sheath still remains around you until you come to an age of awareness. Then you can begin to absorb understanding. That strong Lady of Heaven and that gentle Joseph protected Me through those years. Mary protected Joseph, too. In fact I think She is busy protecting all the human race. I cannot speak too highly of the love of your Cosmic Mother Mary, Who I was privileged to have as My Personal Mother for thirty-three short years but Whom I AM privileged now to serve with in Heaven's Realm throughout all eternity. Never does She pass by but I bow the knee before Her Light.

There are some that cannot bow the knee even before the Heavenly Father, yet Who gave to you the magnificence of the capacity to have joints. Have you thought on this? Suppose you were made of board, all in one piece, that would have been of the human. Suppose that God in His Infinite Mercy had not given you the power and security of all of these joints and all of the various organs and cells of your body! When they say 'and adoring, bend the knee' I think often of the prideful ones; some of those that came out of the compound; what a job to bend that knee. Yet on this Earth today there are hundreds of people in institutions that would give their souls if they could bend the knee; some have left no knee; hands to heal and to bless life; these are the Gifts of The Father, fashioned by My Mother in the Sacred Heart Temple. What for? To comb your hair? Ah, no—to go forth and serve in the Heavenly Father's Cause and bring His Kingdom here on Earth.

This very morning as hundreds and thousands repeat the 'Our Father' I can name maybe a hundred who get the efficacy within it. Our Father Which art in Heaven hallowed—that is holy—be Thy Name; Thy Kingdom come on Earth, that is through you; Thy Kingdom come on Earth as It is in Heaven. Beloved ones, think on this! Forgive us our debts, AS we forgive our debtors. That little word 'as' is slurred over. Oh yes, we wish to be forgiven but we will be forgiven in like measure AS we forgive those who have trespassed against us. Then the magnificent surrender 'for Thine is the Kingdom and the Power and the Glory for ever'. Is it—for you?

Take that prayer this week—Catholic or Protestant version as you wish—and ask Me to show you in feeling what is within it, and I will. **That** is My Reason for Being.

As this Easter Class has come to a tremendous and God Victorious Jesus Christ Success, the Earth is enfolded in that magnificent Calla Lily which is as yet cup upward and at the close of the Communion Service, Which I choose Personally for specific reasons to give to you, the Lily will be turned the other way and the Blessing will flow through every lifestream, not only here, but the disembodied and down into the earth and that includes the worms and the alligators, the snakes and the crocodiles—all of life, beloved ones, is God and as you have given so freely and beautifully of your energy and as Morya is already before the Karmic Board for the Summer Class, In the Name of God make some application as to WHERE and HOW it can be handled in dignity.

My love, that of Saint Germain, and My Holy Mother abide with you now and always. Although I shall remove the microphone I shall Myself give the Blessing.

HAVE YOU ALREADY AVAILED YOURSELVES OF THE OPPORTUNITY OF BECOMING A FRIEND OF MERCY (FOM)?

If you have not already consciously applied to become an Active Chela serving with the Lady Master Kwan Yin, the Beloved Ascended Master Saint Germain and other Members of the Spiritual Hierarchy as a Friend of Mercy, it may well be because you have not read the announcement of the foundation of this World-Wide-International Organization, brought into being by the Ascended Master Saint Germain (Who, as St. Joseph, was the Guardian of the Holy Mother Mary) and is known as the "Patron of a Happy Passing" from this Earth-plane, which appeared in "The Bridge Journal" of November, 1959 and which, for your benefit, is reproduced in this issue.

As this time of Cosmic Expansion, which requires the co-operation of every embodied lifestream and every illumined lifestream who has victoriously made the change called "death", there is an urgent requirement for intelligent prayers for our departed relatives, friends, and those who have no one to pray for them, even if they are unknown to you. According to the Law of the Circle (Karma) all the good you do returns to you with increased momentum. This important service which you can NOW render both to the departing and departed souls will help the Cause of Freedom and will contribute greatly to your own personal Ascension.

The following is the latest announcement issued by the Scribe of FOM, which contains both instructions and a decree by the Elohim Hercules, Himself:

ORDER OF THE FRIENDS OF MERCY

Beloved Friends of Light:

GOD BLESS YOU! We are most grateful to you for your active participation in the freeing of the departing and disembodied lifestreams belonging to this Sweet Earth! Much has been accomplished by your selfless service to assist these dear ones, and in so doing you are strengthening the bonds of conscious cooperation with the Ascended Masters of Wisdom.

One of the important activities of this service is the recognition of the fact that the body elemental of each lifestream must be taken into consideration.

One of the Seven Elohim, Beloved Hercules, speaks upon the importance of developing an affinity with the body elemental, and suggests the use of the following:

BELOVED ELOHIM HERCULES SPEAKS: April 22, 1960.

"The following Decrees and information are given for your consideration and application:

Beloved Presence of God "I AM" in me, Beloved Mighty Hercules and Holy Amazon direct the full gathered cosmic momentum of your Blue Flame and Ray into the cohesive center of every body elemental which is about to be or has been discarded by any human being, imprisoned Angel or elemental in, through and around this Earth and Its atmosphere NOW: RELEASE (3) the electrons and atoms of such body elementals into the Purifying Power of the Violet Transmuting Flame directed by the Ascended Master Saint Germain, and bring them INSTANTLY into the Ascension Temples where they may learn the Cause of their being and receive the blessing for their service to life and the soul which they animated. See that each such an one NEVER is again forced to serve any lifestream in, through and around the planet Earth but that they receive their Eternal Victory, and eventually, through the Mercy of God "I AM" and the Lords of Karma, Individualization as God Free Beings, with the free will choice to serve the Presence of God "I AM".

IMPORTANT:

The body elemental which animates the physical vehicles of mankind, imprisoned Angels and elementals is very intelligent and controls the mechanism of the physical form. It is often antagonistic towards such form, as the same body elemental serves the same lifestream from the time of the first embodiment upon the planet Earth until the soul is transmuted into Spiritual Light and that individual attains the Ascension.

This body elemental has been UNTIL TODAY often forced to reanimate the physical vehicle by the Lords of Karma when such an individual took re-embodiment on the Earth.

Great love, gratitude and understanding to your own body elemental creates an affinity between it and the physical form and allows the lifestream to more quickly disassociate itself from the body elemental at the close of the embodiment upon the Earth.

Remember the body elemental beats one's own heart, activates one's nervous system and takes care of the proper functions of the organs of the physical form and is usually condemned when any portion of the physical vehicle ceases to function properly. The truth is that the destructive use of free will by the uncontrolled emotional, mental, etheric and physical vehicles of the soul create the chaos in the physical vehicle and the body elemental itself serves constantly to repair such damage.

We suggest the following couplet for your use:

Beloved Presence of God "I AM" in me (or them)
Mighty Hercules and Holy Amazon:
Bless my body elemental for its service to me,
At the close of my Earthspan set it ever free,

Without its loving presence I should not even be.
Blessed body elemental ASCEND THOU WITH ME!

Beloved "I AM" (3)

By God's Own Hand (3)

I now command (3)

By Hercules' Hand (3)

By Amazon's Hand (3)

And I consciously accept this done RIGHT NOW, with full power; eternally sustained, all powerfully acting, ever expanding and world encompassing until all are wholly Ascended and Free.

Beloved "I AM" (3)"

Beloved Members of FOM—We thank you for the synchronized prayers for those departing as well as those who have already departed this Earthplane. We would like to compliment the earnest chelas who cognize the fact that it is necessary to have funds to disseminate this instruction.

THE SCRIBE of
FOM

Note: After reading the above and the following announcement of November 1959, it will be expected by the Ascended Ones that every reader who understands the necessity of conscious, daily cooperation with the Divine Beings upon the behalf of the departing and departed souls, will apply for membership in this Order (FOM) which, like all the supplements of "The Bridge to Freedom Journal", is sustained by the love-gifts of the alert chelas, to purchase the stamps, paper, envelopes and necessary media through which this particular instruction is disseminated.

ORDER OF THE FRIENDS OF MERCY (FOM)

Dedicated to help lifestreams over the period of transition, when the soul leaves the flesh body.

Under the Direction of the Ascended Master Saint Germain (Who under the name of Saint Joseph is well known as the Patron of a "happy death").

How You can Serve

Those selfless souls who wish to help along this very important line of service, thereby receiving in due time for themselves the benefit they seek now for others, are requested to devote at least fifteen minutes a day to pray along the following lines:

1st. Call for Mercy's Flame of Cosmic Forgiveness to sweep through the lifestream who shall pass through the portals of so-called death during the period of twenty four hours when the call is made, and during the rest of month and year.

2nd. Call to action the Angels to the Violet Fire, and the Angels of Lord Michael's Legions with Their Swords of Blue Flame, to stand at the side of each soul passing and sweep out the last vestige of human creation.

3rd. Call to action the Angels of Comfort from the Legions of our Beloved Maha Chohan, to wipe out all fear of so-called death, and give comfort to the loved ones who remain.

4th. Call the Presence of our Beloved Saint Germain and the Presence of Beloved Maha Chohan, to take the departing one into Their arms of Light and Love, and bring him or her to the Karmic Board to present the harvest of that particular embodiment, and then assign him or her to the appropriate School to accomplish the Ascension without the need of another embodiment.

Act Now

Those desirous of rendering this important assistance, greatly required at this time, may apply now for free membership in this Order. They will receive from time to time a Bulletin with appropriate decrees and instructions to better render their service. They may also apply for prayers for their departed ones.

Address: Scribe of FOM

R.F.D. 1 - Box 321, Charlottesville, Va. U.S.A.

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THE PURPOSE OF YOUR DECREES

By the Ascended Master Kuthumi

When individualization was conferred upon your individual identity, the Three-fold Flame was created which became a Cosmic Cause, and you, today, are the effect of that Cause; therefore, because that Presence IS, you ARE, and because the Cosmic Cause decreed Perfection, you are pre-destined to out-picture perfection as an Ascended and Cosmic Being, because all cause must of necessity have an effect.

When the Three-fold Flame, which is your true identity, was created from out of the Heart of God, like spokes from a wheel, seven effects were projected, representing the seven-fold nature of man—the seven bodies etc. Thus, you see even in the finite world, every cause has seven effects, and each such effect in turn creates seven new causes! These ramifications extend until, upon contemplation one realizes that the responsibility of being a Creator is very tremendous!

The reason and purpose of your decrees, when issued intelligently, is to set up new causes in your world that must bring corresponding effects of prosperity, health, illumination, purity, harmony. The reason for the constant admonition for Harmony is because when new causes are set up they must ACT, but as your decrees begin a pulsation of opulence, health, peace, harmony and at the same time in your daily living you set up millions of human causes that also must have effects—and in the balance your decrees are far outweighed by the irritation and distress your decrees are far outweighed by the irritation and distress of your daily living.

You have no concept of the far-reaching effects of unkind words, thoughts and feelings of irritation, anger and jittery emotions. The Master's decree is fulfilled co-existent with His call, because His entire lifestream is in agreement with His decree and all the energy of His Being is held harmonious, and the natural Law of Life expresses that which He has decreed into form.

WHAT IS YOUR ATTENTION

By the Ascended Master Hilarion

YOUR attention is similar to a radio beam of electrical energy directed at a certain wave length which connects with an objective vibrating at that wave length. Your attention is a consciously emitted stream of electronic spark that forms a bridge or conductor made up of your own life, through which there flows to you on a return current the substance, radiation and quality toward which your attention has been directed.

Your attention is an open door to your individual consciousness and world, and is the **only** avenue through which you consciously **accept**! Your attention is as scientific as the electrical beam created through the Marconi system or a radio transmitter.

Your attention is your **Life** projected forth through self-conscious action into the universe to **tie you** with the object to which your attention has been directed. Countless dictations and affirmations have pointed you to the **power held within the attention**, and yet the attention is the least governed of the activities of man.

The forces of shadow and the entities of man's own lifestream, however, are **fully aware** of the power of the attention, for they live on the life that **flows through the beam of the attention** as surely as your body subsists on the food you digest. **No thing** can live in one's world **unless his attention feeds it**, whether it is Godly consciousness or sickness of the flesh, or a limitation of the pocket book. For the Godly man, his attention is held **unwaveringly** on the Presence of Life, the Earth slips away and ceases to exist. This in the ultimate state is called Nirvana.

The attention is the **mouth** of your consciousness, which can be held by sustained and conscious effort upon whatever activity or manifestation of God's Perfection one desires.

While the attention is held on any human channel, any human form, or any outer source of supply, of health, of happiness—the

Law is in **reverse** and through the avenue on which the attention is held will flow the radiation and substance of the object upon which the attention is held.

If an individual seeking Godliness, health, happiness and supply could first **understand the power of sustained attention**, and then through self-conscious effort **wrest** the attention from the many pulls of the outer self and **anchor** that attention on the Presence of God, God's Presence would flow through him on the return currents as the fullness of all he could desire. Saint Germain said repeatedly, "Where your attention is, there you are; what your attention is upon you **become**", but the students do not realize that the attention is constantly moving from place to place and is not one-pointed in acknowledging the Godhead as the **ONLY** Doer, Doing and Deed!

The attention is the **bridge** from the human to the Divine. It is the electronic energy of the lifestream thrown forth like a mystic span and the man walks forth on the bridge into the realm of the real. The attention can be **raised instantly** to any Solar Lord or any Master or Deva or Angel and over that bridge the consciousness may consciously soar into the realm where that One Dwells! No one is a **prisoner** on the Earth sphere while he contains within himself the magic, mystic power of the attention.

Every force on Earth, from the small puppy to the immature child, seeks to **gain and hold the attention**, because **inside** that one knows that **through the attention** there flows a stream of Light, and the God-seeking man is he who **DOES NOT** allow his attention to become a playground for the seen and unseen forces that would bind him longer to shadow.

Your attention is a **wand**—magic, mystic, potent—and **ONE MAN** with a controlled attention might draw enough spiritual essence from the Heart of God to redeem a planet!